Could you have PAD?

PAD:
- Is caused by hardening of the arteries
- Starves the legs and feet of oxygen
- Can cause foot sores that won’t heal
- Can lead to amputations, even death

Keep your legs & feet healthy:
- Tell your doctor if you have leg pain
- Don’t smoke; if you do smoke, quit!
- Walk 30 minutes/day, 3 to 5 times a week

Many patients have NO symptoms, but PAD affects 8 to 12 million Americans over 50.

Learn more:
VSWeb.org/PAD

Society for Vascular Surgery