NTOS: FIRST VISIT

### RIGHT

<table>
<thead>
<tr>
<th>Symptom</th>
<th>Pain</th>
<th>Numb/parasth</th>
<th>Hx?</th>
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<tbody>
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<td>Neck</td>
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<td>Scalene triangle</td>
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<td>Chest</td>
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<td>Shoulder</td>
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H/A?  Grip weak?

Worse?  Overhead  Driving

Better?

Relevant activities:

Duration (mo):  Overall ______  Severe ______

Prior PT _______  Outcome:

DS  PS  QkDASH  CBSQ

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### Posture

- NL: Normal
- ABL: Abnormal

### Neurovasc

- NL: Normal
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### Grip

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- ABL: Abnormal

### Atrophy

- NO: No
- YES: Yes

### EAST

- Ist: Internal
- Bad: Bad
- Halt: Halt
- Wh: Whiplash

### ULTT

- NEG: Negative
- WEAK+: Weak+
- STRONG+: Strong+

### CXR

- NL: Normal
- ABL: Abnormal
- IS: Internal

### SEVERITY

- HI: High
- MOD: Moderate
- LO: Low

### SUSPICION

- LO: Low
- MOD: Moderate
- HI: High

### PLAN:

- PT: Physical Therapy
- Block: Block Therapy
- OTHER: Other

---

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