

SVS Strong Vessel Score



Maintaining vascular health at every age supports overall health, quality of life, and longevity, yet more than seven in 10 doctors haven't talked to their patients over the age of 50 about their risk for vascular disease, or their Strong Vessel Score [SVS Consumer Survey].

Risk factors for vascular disease include having diabetes, use or history of tobacco products, high cholesterol, and/or high blood pressure.



The SVS Strong Vessel Score offers patients a way to share information with their doctor about risk factors and family history to help benchmark risk levels and start a conversation about their vascular health.

What are the risk factors for common vascular diseases?

- Over 65 years old
- Diabetes
- High blood pressure
- High cholesterol
- Use or history of tobacco products

Learn Your SVS Strong Vessel Score:

Click the circle that aligns with how many risk factors you may have.

-  No Risk Factors
-  Some Risk Factors
-  Many Risk Factors

What can I do to improve my Strong Vessel Score?

Luckily, there are things you can do to decrease your risk and maintain your vascular vitality:

- Control blood pressure
- Manage cholesterol levels
- Eat a heart-healthy diet
- Exercise regularly
- Connect with a vascular surgeon
- Stop smoking