

Not at all	A little	Quite a bit	A lot

(Q9) Does your lymphoedema cause you pain?

(Q10) Do you have any numbness in your swollen arm?

(Q11) Do you have any feelings of "pins & needles" or tingling in your swollen arm?

(Q12) Does your swollen arm feel weak?

(Q13) Does your swollen arm feel heavy?

(Q14) Do you feel tired?

In the past week....

(Q15) Have you had trouble sleeping?

(Q16) Have you had difficulty concentrating on things, e.g. reading?

(Q17) Have you felt tense?

(Q18) Have you felt worried?

(Q19) Have you felt irritable?

(Q20) Have you felt depressed?

Not at all	A little	Quite a bit	A lot

(Q21) Overall, how would you rate your quality of life at present?

Please mark your score on the following scale:

0 1 2 3 4 5 6 7 8 9 10
 poor excellent

Thank you for completing this form.

If you have any comments or queries about it, please discuss these with

Dr V L Keeley, Consultant

<p>Questions 15 to 20 have been reproduced with permission from the EORTC. These questions are <u>only a part</u> of the QLQ-C30 Questionnaire.</p>
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