

You're So Vein Twitter Challenge

The You're So Vein Twitter Challenge is designed to get VAM23 attendees engaged with [SVS Twitter \(@VascularSVS\)](#). The challenges will be posted one at a time and all challenges must be complete to win. Twitter profiles must be made public for the duration of the challenge so SVS can monitor posts and timing. When posting a challenge, participants must do the following:

1. Tag @VascularSVS in the message.
2. Use #VAM23
3. Indicate which challenge they complete "Challenge 1" "Challenge 2" etc.

If any of the above steps are missing, the post will not count. Challenges do not have to be completed in chronological order, **with the exception of the final challenge**, which must be completed last in the SVS Central area.

Prizes

- 1st place: \$100 Visa gift card
- 2nd place: \$75 Visa gift card
- 3rd place: \$50 Visa gift card