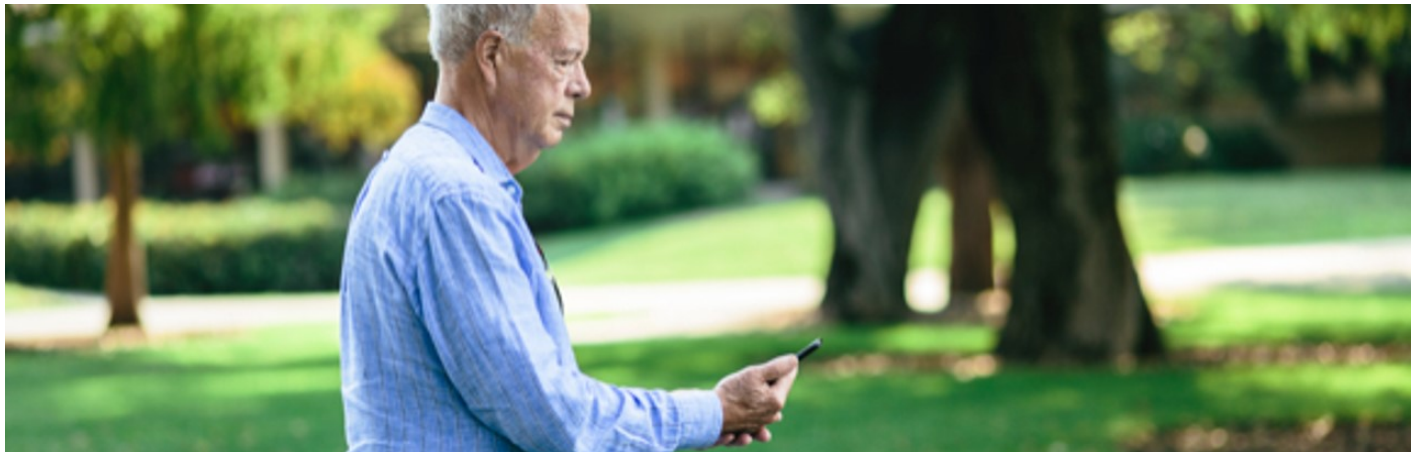




Health Technology

# Health Technology



The SVS Supervised Exercise Therapy (SET) app -- **SVS SET** -- helps patients with PAD manage their disease through exercise, coaching and education at home. Currently in the pilot study phase, read the latest stories in *Vascular Specialist* to learn more about our progress and feedback from our coaches and patients.

**Read the latest news on the SVS SET pilot program:**  
Supervised Exercise Therapy: There's an app for that

From the SET front: Through a patient's eyes

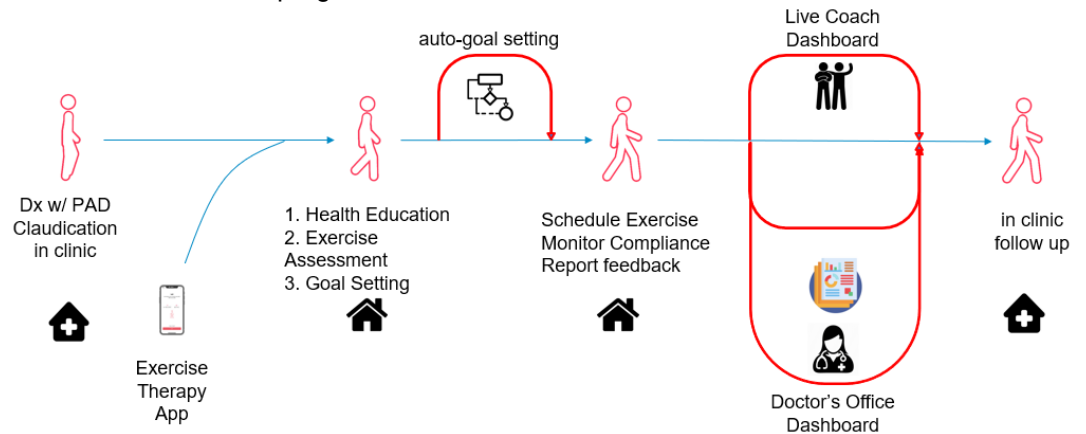
Vantage point: The SET coach's perspective

The first-line therapy to prevent surgical interventions and delay PAD's progression is to attend an in-person education and exercise program, known as Supervised Exercise Therapy (SET), consisting of walking three times per week for up to 60 minutes for at least 12 weeks.

With **SVS SET** physicians can prescribe and patients can complete this highly effective therapy from their home, which also provides live health coaches and education on behavioral risk factors such as smoking, nutrition, and exercise.

## SVS SET features:

- Physician prescribed 12-week home-based program



- Exercise Scheduling and Recording
- Patient Reported Outcomes Collection
- Coaching
- Provider Dashboard
- Delivery on any mobile device

Under the leadership of the **SVS Health Information Technology Task Force**, the SVS SET app was developed in partnership with **Cell-Ed**, a mobile-first learning company based in Palo Alto, California. Cell-Ed's science-based learning teaches essential life and job skills more effectively by delivering engaging micro-lessons, coaching, and certificates on any mobile device.

## Learn more

- Educational Content



# Physician Interest Form

SVS SET is currently in the pilot study phase. Complete the **Physician Interest Form** to be notified when SVS SET is available for your patients.

## Questions

Please email [communications@vascularsociety.org](mailto:communications@vascularsociety.org) .